



BIOGRAPHY

Eric is an amputee endurance athlete living in Pittsburgh, Pennsylvania. He earned a mechanical engineering degree from the United States Naval Academy in 2006 while preparing for his service as a Marine Corps Infantry Officer. Eric deployed three times as a Marine and on his final tour, an incredible experience in Afghanistan, was wounded after stepping on an IED. Eric suffered the amputation of his right leg below the knee, a life-changing opportunity that began his next journey.

Faced with a physical challenge and an uncertain future, Eric made a promise to himself to run an Ironman Triathlon. On his journey from the hospital bed in southern California to the finish line in Kona Hawaii, he realized that the challenge and adversity he was up against and the techniques he used to reach the finish line could be used against the challenges we all entertain. When not training, racing, and delivering inspiration, Eric can be found with his wife Rachel and three children in Pittsburgh, Pennsylvania.